

# THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860

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CLUB # 17104

VOLUME: 40, NO.: 26 DATE: APRIL 9, 2022

# WELCOME



**ANNA LOUISA A. BUMAGAT**  
District Governor

**TROY BUMAGAT**  
Past Assistant Governor

Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**



**SHEKAR METHA**  
Rotary International President

**ANNA LOUISA A. BUMAGAT**  
District Governor

**CAROLINE L. ANDRADE**  
District Secretary

**MICHAEL TORRES**  
Assistant Governor, Area 1D

Cebu Fuente  
**Rotary**  
Club



# Officers and Directors RY 2021 - 2022



**ATTY. BERNARDINO T. AMAGO IV**  
President



**POULY JANG**  
Vice-President / President-Elect



**JOSE MARIE PONCE**  
Secretary / President Nominee



**ARCH. MANUEL L. TORRES, JR.**  
Treasurer



**PATRICK L. YARED**  
Auditor



**EMMANUEL P. TESALONA**  
The Rotary Foundation Chairman



**STEPHEN HENRY UY**  
Club Administration Director



**MARICEL BORROMEO-AMORES**  
Membership Director



**JASON GO KIANG KEE ONG**  
Community Service Director



**MARINA ENRIQUEZ- KAUFMANN**  
Vocational Service Director



**ATTY. LOLITA M. LOMANTA**  
Youth Service Director



**JOSE ALFONSO C. ABAD**  
International Service Director



**KRISTOFFER A. LLEGUNAS**  
Public Image Director & CICO



**DAVE JOHN B. KARAMIHAN**  
Protocol Officer



**ENGR. JESSELITO V. BARING**  
Sergeant at Arms

## ADVISERS



PDG JOSEPH MICHAEL P. ESPINA



PDG MARY ANNE A. SOLOMON



PP RICHARD G. BARBA



PP CONRADO M. ABARINTOS



PP MARIA CELINA B. AMORES



PP MA. CONSOLACION A. PASION



# 26<sup>th</sup> General Membership Meeting

Virtual Meeting | April 9, 2022

Area of Focus: Maternal and Child Health Month

SERVE TO CHANGE LIVES

Vol. 40, No. 26

## Programme

### PART 1

Call to Order.....	Pres. Bernardino Amago IV
Invocation.....	Audio Visual Presentation
Philippine Anthem.....	Audio Visual Presentation
The Rotary Hymn.....	Audio Visual Presentation
Four Way Test and Objects of Rotary.....	PP Dick Barba
Introduction of Rotarians / Spouses.....	Sec. Jomar Ponce
Visiting Rotarians/Rotaractors/Guest	

### PART 2

Introduction of Guest of Honor.....	Dir. Stephen Uy
Guest of Honor.....	Anna Louisa Bumagat District Governor, RY 2021 - 2022
Presentation of Token	
Games	

### PART 3

President's Time.....	Pres. Bernardino Amago IV
Other matters	
Adjournment.....	Pres. Bernardino Amago IV

## ...Fellowship Continues...

### Quote for the Week

"If you live long enough, you'll make mistakes. But if you learn from them, you'll be a better person." - Bill Clinton



Hosted by:

**STEPHEN UY**  
Director, Administration

## INVOCATION

*O Lord our God, great, eternal, wonderful in glory, who keeps covenant and promise for all those who love you with mature hearts, you are the life of all, the help of those who flee to you, the hope of those who cry unto you. Therefore, cleanse us from all that would separate us from you, from every thought that would be displeasing to your goodness. Cleanse our souls and bodies, our hearts and consciences, that with pure hearts and positive (clear) minds, with perfect love and calm hope we may confidently and fearlessly pray to you. Hear now, O God, our silent prayers  
Amen*





# President's Message



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT

Dear RCCF Family,

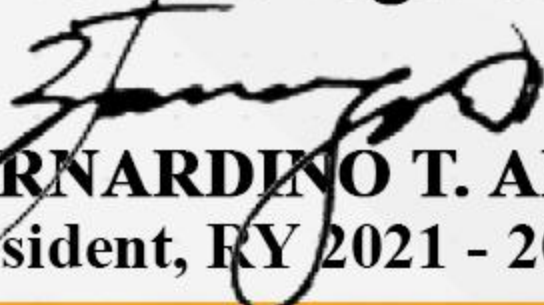
I hope this finds you in the best health!

For the first time since the start of the COVID-19 pandemic, we are holding our full onsite General Membership Meeting and no less than our District Governor, Anna Louisa Bumagat, will grace the occasion to inspire us. It comes on the heels of commemorating the bravery and valor of our heroic ancestors.

It is only prudent that we devote this meeting to getting back our groove through fellowship games and activities. May this meeting now set the trend for our succeeding gatherings and encourage more members to attend physically. Undoubtedly, we continue to observe the wearing of masks and sanitation of hands as go through our proceedings.

I hasten to remind that you choose kindness so you may change lives!

Thanks and best regards,

  
**ATTY. BERNARDINO T. AMAGO IV**  
President, RY 2021 - 2022



# From Secretary's Desk

**JOSE MARIE PONCE**  
Secretary, RY 2021 - 2022

## Attendance

ROTARY ID #	LAST NAME	FIRST NAME	22nd 03/07	23rd 03/14	24th 03/28	25th 04/04	Perfect Attendance
6726464	Abad	Jose Alfonso	✓				
6581939	Abarintos	Conrado					
8794289	Abay-Abay	Emman Reyan	✓			✓	
9330462	Amago IV	Atty. Bernardino	✓	✓	✓	✓	
6218949	Amores	Maricel	✓	✓	✓	✓	
11227470	Amores	Atty. Ernesto Miguel	✓	✓			
3362897	Barba	Richard		✓			
6207695	Baring	Engr. Jesselito				✓	
1166426	Calalang	Emmanuel					
10954392	Deiparine	Atty. Sydrick Jose Andrei				✓	
11227514	Elendrino	Glenford	✓				
2036342	Espina	Arch. Joseph Michael	✓	✓	✓	✓	
8944393	Jang	Pouly	✓	✓		✓	
3516557	Karamihan	Dave John		✓			
8599266	Kaufmann	Marina			✓		
9804883	Llegunas	Kristoffer	✓	✓	✓	✓	
8794288	Lomanta	Atty. Lolita			RW	✓	
10709899	Ong	Jason	✓	✓		✓	
6726443	Pasion	Ma. Consolacion	✓			✓	
10410040	Ponce	Jose Marie	✓	✓	✓	✓	
6581937	Ramos	Geraldine					
8599268	Rimaz	Ma. Dolores				✓	
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Herminia				✓	
8794286	Senerpida	Dr. Alain	✓	✓	✓	✓	
3264107	Solomon	Mary Anne	✓	✓	RW	✓	
8543450	Sulay	Kendrick					
9330558	Tesalona	Emmanuel	✓	✓		✓	
11227493	Torres	Alfie	✓	✓			
5176670	Torres	Arch. Manuel, Jr.	✓	✓	✓	✓	
10713855	Uy	Stephen Henry	✓	✓	✓	✓	
10410033	Yared	Patrick		✓	✓		
<b>TOTAL ATTENDEES</b>			<b>34</b>	<b>17</b>	<b>12</b>	<b>19</b>	

### BIRTHDAYS

April 1 Sps. Dee Llegunas  
April 12 PP Jun Torres  
April 20 Sps. Juliet Abay-abay

### WEDDING ANNIVERSARY

April 8 Pouly & Soo Jang





GREETINGS, DEAR CHANGE-MAKERS OF ROTARY,

**F**riends, one of my mantras in Rotary has been *do more, grow more*. I am sure you are adopting this mantra. *Do more*, as in bigger and impactful service projects, and *grow more*, as in increasing our membership.

There is so much excitement across the Rotary world about our Each One, Bring One effort. Everywhere I travel, club presidents, district governors, and Rotary members — both veteran and new — express appreciation that their membership efforts are inspiring the Rotary world.

We are growing more, and I cannot wait to celebrate all of this success with you at the Rotary International Convention in Houston in June. There is still time to register and make your plans to join us. We are looking forward to a once-in-a-lifetime experience that will unite our members after far too much time apart.

As we *grow more*, we will have so much more opportunity to *do more*. April is Maternal and Child Health Month, a great opportunity for your clubs to consider what you are doing to support the health of mothers and young children. Improving access to care and the quality of care for women and children worldwide is an important focus for us, and it also ties in very well with our Empowering Girls initiative. I appreciate the work being done by various clubs in this area of focus, and I would encourage you to think of ways to *do more*.

It has been so exciting to see Rotary members come together at the presidential conferences to share ideas about using our areas of focus to bring about big, lasting change in the world. The past and upcoming

presidential conferences are looking at our new area of focus — the environment — and how our work to protect our planet must also support our efforts to grow local economies, especially in places with the greatest poverty.

I also had the honor to speak at the 26th United Nations climate change conference, known as COP26, in Glasgow, Scotland. This important meeting brought together nearly 100 heads of state and government over a two-week period to set new targets for fossil fuel emission. My call to action was to restore mangroves, a crucial ecosystem that can mitigate the effects of climate change in coastal areas. Already, countries across the world are showing great enthusiasm for this plan.

Our survival is at stake — the damage of environmental catastrophe is already upon us — and so, too, is our ability to lift the world's most needy out of poverty and offer them hope. We must find ways to protect our planet while sustaining the economic growth necessary to achieve our highest humanitarian goals.

This is a very exciting time in Rotary, a time when the world needs us most. As we *Serve to Change Lives*, remember that we are also changing ourselves. We are becoming the world's great change-makers and peace-builders.

The world is ready for us. It's time to rise to that call.

*Shekhar Mehra*

President, Rotary International



## TRUSTEE CHAIR'S MESSAGE

# Seize the moment

**What's your Rotary moment** — a time that strengthened your dedication to Rotary and confirmed you would be a lifetime Rotarian? I have had many such moments over the years, and they all had one thing in common: They showed me Rotary's tangible power of turning our dreams of a better world into reality.

Rotary members are exceptional at it. I see that power in my own club in Chattanooga, Tennessee, and now, as Rotary Foundation trustee chair, in clubs and districts around the world.

Rotary members from Austria, Germany, Nigeria, and Switzerland are realizing their dream to help mothers and children in Nigeria. In partnership with several organizations, they have launched a multiyear, large-scale project to reduce unwanted births and drive down rates of maternal and child mortality. This project, once a vision of a few members but now the recipient of Foundation global grants, is training doctors, nurses, and midwives throughout all 36 states of Nigeria.

Every great project begins in the minds of our members. You are the ones who see schools that adolescent girls have stopped attending because of the lack of private bathrooms. You are the ones who see families facing food shortages, children who can't read, and communities with health problems caused by mosquitoes. Not only do you see these things, because you are in Rotary, you also do something about them.

And because of your engagement,

over the past decade, the amount of money the Foundation has awarded for global grants has grown by more than 100 percent. As more and more Rotarians have become involved, to keep our grants going we have had to adjust and stretch those funds by reducing overhead and by other means. The reason is simple: While the need for these projects is increasing and grant participation is also on the rise, annual giving from Rotary members has stayed relatively static for years.

Quite simply, we need more clubs and individuals to give to the Annual Fund to help keep our district and global grant programs thriving. This year, we set a goal of raising \$125 million for the Annual Fund. We can't realize your Rotary dreams or those of your fellow members without everyone's support.

Remember: It's not about the money, but about what our money can do. I am a firm believer that when we all give what we can, both as clubs and individuals, to the Foundation every year, we take another step toward making the world a better place.

Imagine the Rotary dreams we could make real if every member and every club got together and made a gift to our Foundation today. That would be quite a Rotary moment — for all of us.

**JOHN F. GERM**

*Foundation trustee chair*

## GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021-22

### PRESIDENT

**Shekhar Mehta**  
Calcutta-Mahanagar, India

### PRESIDENT-ELECT

**Jennifer E. Jones**  
Windsor-Roseland,  
Ontario, Canada

### VICE PRESIDENT

**Valarie K. Wafer**  
Collingwood-  
South Georgian Bay,  
Ontario, Canada

### TREASURER

**Virpi Honkala**  
Raahe, Finland

### DIRECTORS

**Jessie Harman**  
Wendouree Breakfast,  
Australia

**Suzi (Susan C.) Howe**  
Space Center (Houston),  
Texas, USA

**Won-Pyo Kim**  
Gyeongju South, Korea

**Urs Klemm**  
Aarau, Switzerland

**Mahesh Kotbagi**  
Pune Sports City, India

**Aikaterini Kotsali-  
Papadimitriou**  
Pendeli, Greece

**Peter R. Kyle**  
Capitol Hill (Washington,  
D.C.), District of Columbia,  
USA

**Roger Lhors**  
Pont-Audemer, France

**Chi-Tien Liu**  
Yangmei, Taiwan

**Vicki Puliz**  
Sparks, Nevada, USA

**Nicki Scott**  
North Cotswolds, England

**Julio César A.  
Silva-Santisteban**  
El Rímac, Peru

**Katsuhiko Tatsuno**  
Tokyo-West, Japan

**Elizabeth Usovicz**  
Kansas City-Plaza,  
Missouri, USA

**Ananthanarayanan S.  
"Venky" Venkatesh**  
Chennai Mambalam, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine

## TRUSTEES OF THE ROTARY FOUNDATION, 2021-22

### CHAIR

**John F. Germ**  
Chattanooga,  
Tennessee, USA

### CHAIR-ELECT

**Ian H.S. Riseley**  
Sandringham, Australia

### VICE CHAIR

**Sangkooyun**  
Sae Hanyang, Korea

### TRUSTEES

**Jorge Aufranc**  
Guatemala Sur, Guatemala

**Marcelo Demétrio Haick**  
Santos-Praia, Brazil

**Per Høyen**  
Aarup, Denmark

**Hsiu-Ming Lin**  
Taipei Tungteh, Taiwan

**Larry A. Lunsford**  
Kansas City-Plaza,  
Missouri, USA

**Mark Daniel Maloney**  
Decatur, Alabama, USA

**Geeta K. Manek**  
Muthaiga, Kenya

**Aziz Memon**  
Karachi, Pakistan

**Akira Miki**  
Himeji, Japan

**Barry Rassin**  
East Nassau, Bahamas

**Dean Rohrs**  
Langley Central, British  
Columbia, Canada

**Gulam A. Vahanvaty**  
Bombay, India

### GENERAL SECRETARY

**John Hewko**  
Kyiv, Ukraine



CALENDAR

## April events

### Over the hills, onto the farm



**Event:** Cycle Dindi 22  
**Hosts:** Rotary Clubs of Yea and Alexandra, Australia  
**What it benefits:** Youth projects  
**Date:** 2 April

This annual bike ride along the Great Victorian Rail Trail offers three starting points, allowing participants to choose the distance they'll cycle. All routes converge on the banks of the Goulburn River, at the town of Cathkin, for lunch. The entrance fee also includes admission to a working farm, with a sheepdog demonstration, tea in a shearing shed, and a trailer ride.

### A beautiful race

**Event:** Race the Rubeena  
**Host:** Rotary Club of Sale, Australia  
**What it benefits:** Local projects  
**Date:** 3 April

Choose to run either a 5K or a 10K between the Port of Sale and a historic swing bridge in Wellington Shire, about two hours east of Melbourne. All ages and fitness levels are welcome at this community fun run that will charm participants with its scenic path.

### Arts, crafts, and the Easter Bunny

**Event:** Leighton Handmade Spring Craft Show  
**Host:** Rotary Club of Leighton, Pennsylvania  
**What it benefits:** Local projects and educational programs  
**Date:** 9 April

More than 40 artisans will display their handmade crafts for purchase at this inaugural spring craft show. Bring the kids and grandkids along; the event also features an egg hunt, an opportunity for photos with the Easter Bunny, and an appearance by Buster the Clown.

### It's in the bag



**Event:** Bags Tournament  
**Host:** Rotary Club of Monroe County, Illinois  
**What it benefits:** Local projects  
**Date:** 23 April

The Monroe County Fairgrounds in Waterloo is the site for this club's first-ever bags tournament, which it intends to hold annually. Also known as cornhole, the game involves two-person teams tossing beanbags at a hole in a raised board, promising casual, competitive fun for all ages. Bring cash for food and drinks, as well as for a chance to win a wheelbarrow full of adult beverages.

### You 'auto' come



**Event:** Mt. Vernon Car Show  
**Host:** Rotary Club of Mt. Vernon, Missouri  
**What it benefits:** Local scholarships for high school students  
**Date:** 30 April

Located in Mt. Vernon's historic town square, the site of an architecturally significant county courthouse, this annual event draws automobile aficionados from miles around to admire an array of classic cars, including antiques, street rods, and muscle cars. Admission is free; car entries cost \$25 and include a commemorative T-shirt.

### A brew-haha

**Event:** Temple Terrace Craft Brewfest  
**Host:** Rotary Club of Temple Terrace, Florida  
**What it benefits:** The Rotary Foundation and local charities and schools  
**Date:** 30 April

Live music, food trucks, retail vendors, and plenty of beer keep crowds coming back to this annual festival at a tree-shaded park. Tickets include a 4-ounce pilsner glass for unlimited tasting pours of more than 100 craft beers. A selection of canned beers and hard seltzers will also be available for purchase. Children and pets are welcome; bring your own chairs.





District Governor-Elect **Anna Louisa Abanes-Bumagat** is the first and youngest Lady Governor from Area 3; and the third member from the Rotary Club of Ormoc to become Governor of District 3860 following Past District Governors Luis Fran, Sr., and Peter Rodriguez, both relatives from her paternal side.

She graduated a degree in Bachelor in Secondary Education (Cum Laude) from the University of the Philippines Diliman in 1992; and completed her Master's in Educational Leadership (With Distinction) from De La Salle University-Manila in 2009.

Currently, she works as the School Director of Saint Paul's School of Ormoc and serves as Secretary on its Board of Directors. She is also the Finance Officer of Trophy Farm, a business she jointly established with her husband in 2011.

A second-generation Rotarian, she was inducted into Rotary in November 2005 and has registered a 100% attendance for 16 years. She served as Club President in 2009-2010 under the theme "The Future of Rotary is in Your Hands".

Beyond the club level, she has served District 3860 twice as Assistant Governor; District Secretary; District Internet and Communications Officer; District Deputy for Special Projects; District Community Service Chair; District Stewardship Chair; District Grants Chair for three years; and District Chief-of-Staff.

Ever humble of her many Rotary accomplishments and citations she received, she devotes a substantial amount of her time to service initiatives that spark her passion and ignite her spirit into action. Over the course of her membership in Rotary, she takes a particular interest in basic education and literacy projects. She played a big role in rehabilitating schools in partnership with local and international partners after super typhoon Yolanda damaged majority of the schools in Ormoc.

To her, the theme "**Serve to Change Lives**" embodies her passion and purpose as a Rotarian to make a difference one life at a time. She envisions growing membership in all levels of the organization and is a firm believer of The Rotary Foundation in its enduring mission to "Do Good in the World." With her brand of leadership, she endeavors to empower her fellow Rotary volunteers to learn more, to grow more, and do more for the communities they serve.

Apart from her Rotary and professional life, her family takes center stage where she proudly wears the hat of a devoted spouse to her husband, Troy, of 21 years; and a doting mother to their four children: fraternal twins Angela and Amanda, Athena, and Tristan.

The **ROTARY ACTION PLAN**

# TAKING ACTION FOR CHANGE



## IMPACT

**We want to put our resources behind programs that will have the greatest impact and that align with our areas of focus.**

We're creating tools and guidelines for tracking and sharing our efforts. We're also developing an evaluation process that will help us make objective recommendations about what is working and what we should continue, start, or stop doing.

## REACH

**We're committed to exemplifying and embracing diversity, equity, and inclusion (DEI) in everything we do.**

We're testing new products and alternative models that will allow more people to connect and take action with us in ways that work best for them.

We are at a defining moment in Rotary's history. We're implementing our Action Plan, a strategic road map that will help us better connect with each other, grow as an organization, and more effectively share our stories of how we are making a difference in communities.

At every level of Rotary, we have embraced opportunities to work together to achieve our goals. Over the coming four issues, you'll hear from Rotary members around the world who will offer their inspiration, encouragement, and guidance as we carry out the four priorities of the Action Plan.



## ENGAGE

**We're tearing down the walls between "us" and "them" and focusing on participants.**

We're asking people how they want to participate, finding ways to meet them where they are, and making sure they know we value them.

## ADAPT

**We're streamlining operations so we can be more agile and responsive.**

We're simplifying the way we do things and helping members manage change so that our clubs, districts, and zones can more effectively communicate and work together.

Learn what your club can do at [rotary.org/actionplan](http://rotary.org/actionplan).

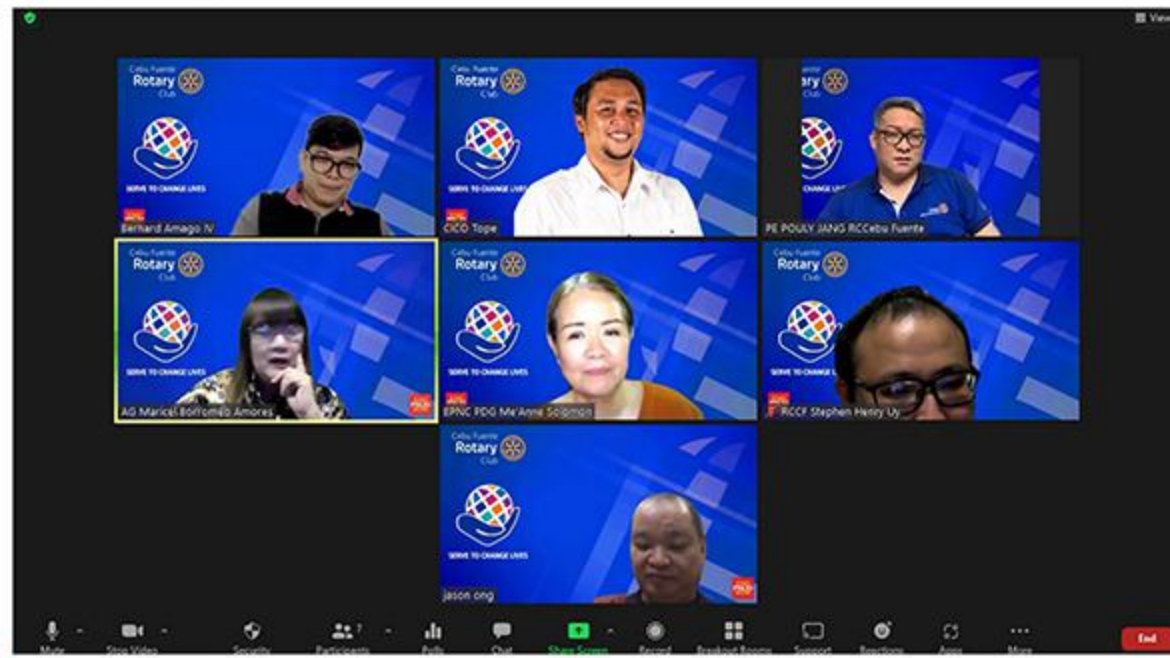
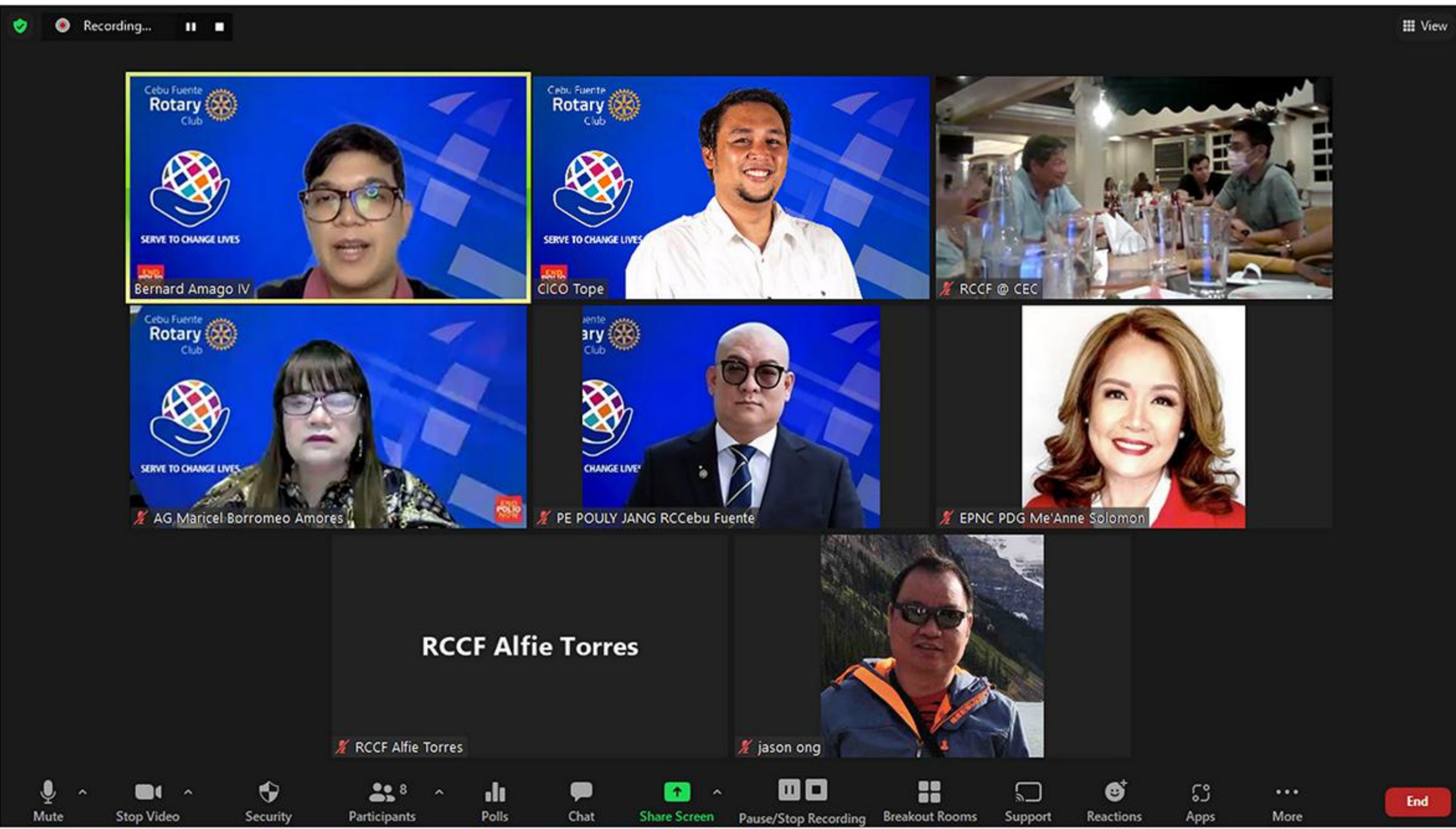
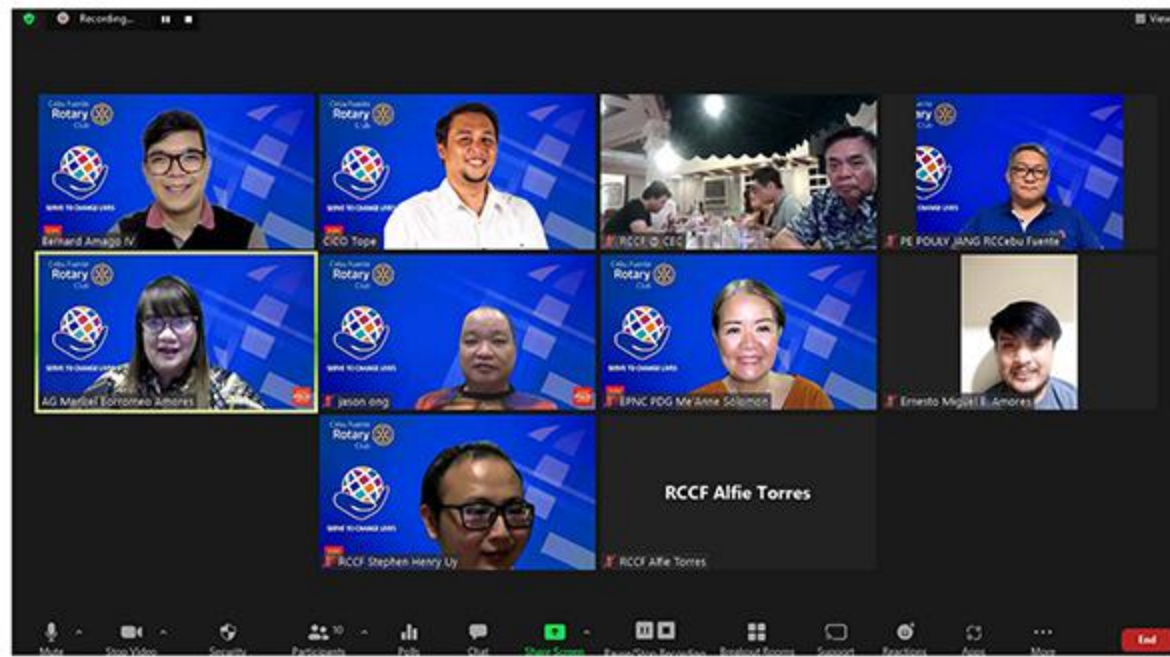
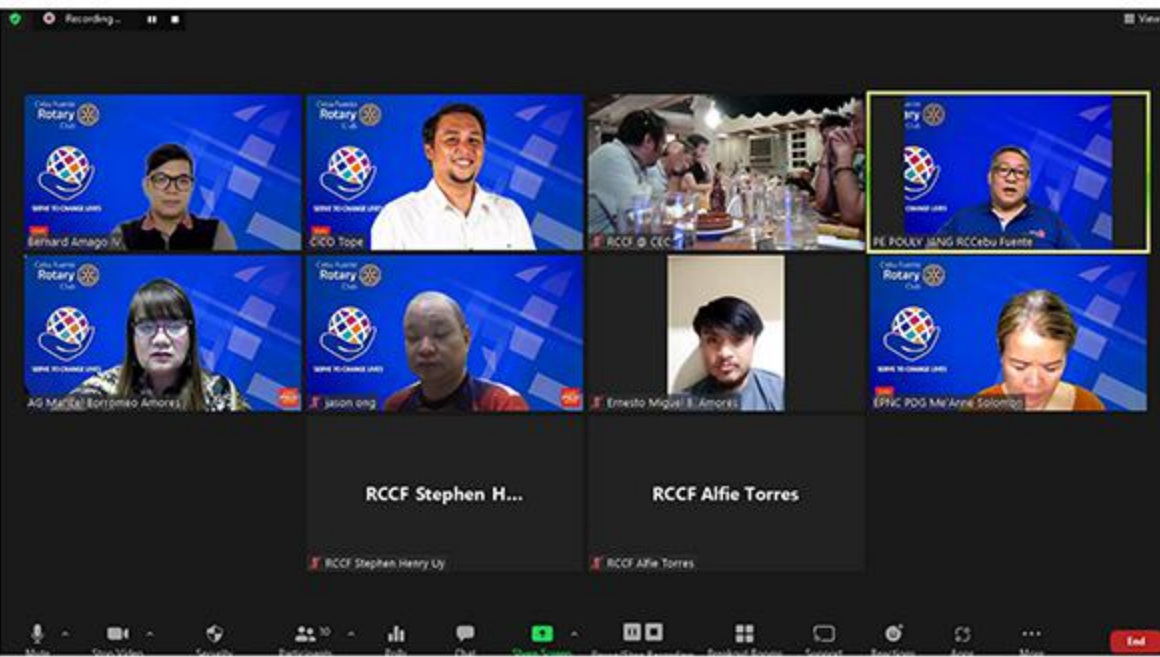
# HAPPY BIRTHDAY, PAUL HARRIS!

19 April marks the  
**154th anniversary**  
of our founder's birth.  
Celebrate with a gift to  
The Rotary Foundation today.

**GIVE TODAY:** [rotary.org/donate](http://rotary.org/donate)



## 03-14-2022 23rd RCCCF GMM (Virtual) RY 2021 - 2022



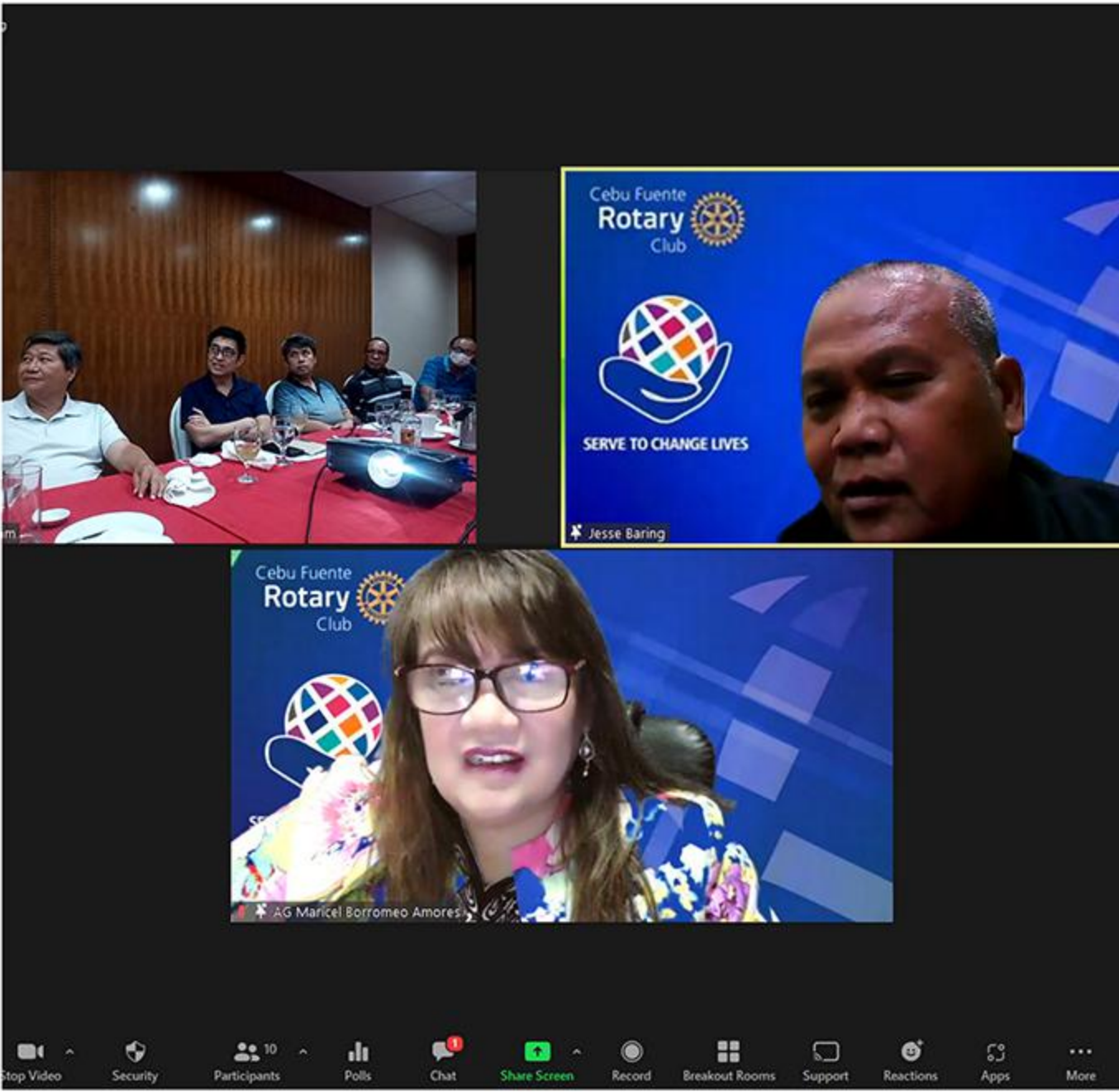
## 03-26-2022 IBP Cebu Legal Aid and Medical Mission



## 03-28-2022 24th RCCF GMM (Hybrid) RY 2021 - 2022



## 04-04-2022 25th RCCF GMM (Hybrid) RY 2021 - 2022





## 04-06-2022 Turn-over of Paints to RAC CF CB



## 04-08-2022 Grand Legal Aid Day



# Are you caring for children under the age of 5?

During the **COVID-19 pandemic**, it's more important than ever to protect children from flu.

Children under 5 years old are at greater risk of severe disease or complications following infection with influenza, such as hospitalization and, more rarely, death.

Ask your healthcare provider whether a flu vaccine is right for your child.



If you suspect flu or if a child has any of these symptoms, seek immediate medical care:



Because the flu vaccine doesn't protect you from **COVID-19**, follow these precautions:



Clean your hands frequently



Keep at least 1 metre distance from others



Wear a mask when 1 metre distance from others is not possible



Cough or sneeze into a bent elbow or a tissue



Avoid touching your eyes, nose and mouth



Avoid crowded public gatherings or activities



Open window

# **ORATIO IMPERATA: PRAYER AGAINST COVID-19 or 2019 CORONA VIRUS DISEASE**

**Merciful and compassionate Father, we come to you in our need to seek your protection against the COVID 19 virus that has disturbed and even claimed lives. We ask you now to look upon us with love and by your healing hand, dispel the fear of sickness and death, restore our hope, and strengthen our faith.**

**We pray that you guide the people tasked to find cures for this disease and to stem its transmission. We thank you for the vaccines developed made possible by your guiding hands.**

**Bless our efforts to use these vaccines to end the pandemic in our country.**

**We pray for our health workers that they may minister to the sick with competence and compassion. strength in their commitment, protection from the disease.**

**We pray for those afflicted.**

**May they be restored to health.**

**Protect those who care for them.**

**Grant eternal rest to those who have died.**

**Give us the grace in these trying times to work for the good of all and to help those in need.**

**May our concern and compassion for each other see us through this crisis and lead us to conversion and holiness.**

**Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever. Amen.**

**We fly to Your protection, O Holy Mother of God.**

**Do not despise our petition in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.**

**Our Lady, health of the sick, pray for us.**

**St. Joseph, pray for us.**

**St. Raphael the Archangel, pray for us.**

**San Roque, pray for us.**

**San Lorenzo Ruiz, pray for us**

**San Pedro Calungsod, pray for us.**





# PROTECTING THE ENVIRONMENT

## AN OFFICIAL CAUSE OF ROTARY

Rotary's new cause focuses on comprehensively solving specific issues that have a detrimental effect on the environment. As people of action, let's take on projects that can make a positive, measurable, and sustainable impact on the one place we all call home.

Learn more about Rotary's new cause at  
[rotary.org/environment](https://rotary.org/environment)



# DISCOVER NEW HORIZONS

**AT THE 2022 ROTARY INTERNATIONAL CONVENTION  
IN HOUSTON, TEXAS, USA, 4-8 JUNE 2022**

**Build connections. Exchange ideas. Share successes.**  
Register today at [convention.rotary.org](https://convention.rotary.org).

**And invite a friend to join you.**  
Nonmembers are welcome to register and attend.



**HOUSTON  
2022**



Cebu Fuente  
**Rotary**  
Club



**END  
POLIO  
NOW**

**100% PAUL HARRIS CLUB  
in Rotary International  
District 3860  
for RY 2016 - 2017**



Cebu Fuente  
**Rotary**  
Club



**SERVE TO  
CHANGE LIVES**

**[www.rccebufuente.org](http://www.rccebufuente.org)**  
**[info@rccebufuente.org](mailto:info@rccebufuente.org)**





# SERVICE ABOVE SELF

## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**First** The development of acquaintance as an opportunity for service;

**Second** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**Third** The application of the ideal of service in each Rotarian's personal, business, and community life;

**Fourth** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## THE FOUR-WAY TEST

Of the things we think, say, or do:

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it **build goodwill** and **better friendships**?
4. Will it be **beneficial** to all concerned?

## ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.

In light with the culmination of Women's Month celebration, the Rotaract Club of Cebu Fuente - University of San Carlos Chapter with the Sangguniang Kabataan of Barangay San Jose conducted a discussion on the importance of menstrual hygiene to the 30 selected young girls, aged 13-19 years old, in Barangay San Jose, Talamban, Cebu City.

Executive Vice-President Bea May Remedio, a BS Pharmacy student from the School of Health Care Professions - University of San Carlos, highlighted the importance of Menstrual Hygiene. The inability to access to adequate menstrual hygiene supplies can make a stressful situation and even more difficult for young girls. Therefore, the Club distributed Menstrual Hygiene Kits. Inside the kit is a pack of sanitary pad and panty liner, tissue paper, alcohol, pain medication, and soap.

Among the present Rotaractors were Secretary-Elect Abigail Ybanez, Club Service Director for TC Mary Dominique Onate, Documentation Director Jellaine Bautista and Aspiring Member Crystel Theresse Gonzales.



# Invite someone to become a

Cebu Fuente  
**Rotary**  
Club



# Rotarian today.

## Join Rotary Club of Cebu Fuente



# Spread the Word!